# ECHOCARDIOGRAPHIC DETECTION OF INCREASES IN EJECTION FRACTION IN PATIENTS WITH HEART FAILURE RECEIVING THE SELECTIVE CARDIAC MYOSIN ACTIVATOR, CK-1827452

JH. Goldman<sup>1</sup>, JR. Teerlink<sup>2</sup>, KG. Saikali<sup>3</sup>, F. Malik<sup>3</sup>, AA. Wolff<sup>3</sup>

<sup>1</sup>ICON Medical Imaging, Warrington, United States of America; <sup>2</sup> University of California, San Francisco, San Francisco, United States of America; <sup>3</sup> Cytokinetics, Inc., South San Francisco, United States of America

# ABSTRACT

Purpose: Ejection fraction (EF) remains a standard measure of left ventricular function in heart failure. Stroke volume by Doppler interrogation of the left ventricular outflow tract (LVOT SV) is more accurately measured than EF by the standard 2D image-derived Method of Discs (MoD), but it is not as familiar as EF. CK-1827452 (CK-452) increases LVOT SV in heart failure patients by prolonging systolic ejection time (SET). We compared EF changes calculated by "hybrid" methods (employing both Doppler and 2D data) to EF changes calculated by MoD for patients receiving CK-452.

Methods: Using echos obtained before, during and after infusion of the selective cardiac myosin activator, CK-452, EF was assessed by MoD and by Doppler derived LVOT SV as a percentage of ventricular volumes assessed by MoD.

Results: EF by MoD did not increase significantly; hybrid EFs increased significantly at [CK-452] >300 ng/mL. Correlation (r-square) of change from baseline in EF vs. change from baseline in SET was 0.73 (p=0.02) for EF by MoD, 0.77 (p<0.0001) for the hybrid EF based on left ventricular enddiastolic volume (LVEDV) and 0.83 (p<0.0001) for the hybrid EF based on left ventricular end-systolic volume (LVESV).

Conclusions: Hybrid EF calculations relating Doppler-derived LVOT SV to a 2D image-derived ventricular volume may be more sensitive to increases in systolic function than assessments of EF based entirely on 2D imaging.

### PLACEBO CORRECTED CHANGES FROM BASELINE

[CK-452] (n	g/mL)	1-100	>100-200	>200-300	>300-400	>400-500	>500-883	
(n per rar	nge)	(69)	(50)	(32)	(19)	(30)	(20)	
	Baseline							P-value for Correlation vs. [CK-452]
SET (ms)	318	3 ± 4	24 ± 5‡	54 ± 5‡	65 ± 7‡	72 ± 8‡	98 ± 7‡	< 0.0001
LVOT SV (mL)	68	1 ± 2	1 ± 2	6 ± 2*	12 ± 3‡	14 ± 3‡	14 ± 3‡	< 0.0001
LVESV (mL)	174	0 ± 5	-1 ± 5	-3 ± 6	-12 ± 7	-16 ± 8	-8 ± 7	< 0.05
LVEDV (mL)	251	0 ± 6	2 ± 6	0 ± 7	-13 ± 9	-16 ± 10	-4 ± 9	NS
EF-A (%)	32	0 ± 1	0 ± 1	1 ± 1	1 ± 1	1 ± 1	2 ± 1	< 0.05
EF-B (%)	30	1 ± 1	1 ± 1	1 ± 2	7 ± 2†	8 ± 2†	5 ± 2#	< 0.0001
EF-C (%)	30	0 ± 1	0 ± 1	1 ± 1	5 ± 1†	6 ± 2‡	3 ± 1#	< 0.0001

 $p < 0.05, *p \le 0.01. +p < 0.001, +p < 0.0001, EF-A = ([LVEDV-LVESV]/LVEDV)*100 (MoD), P < 0.05, *p \le 0.01. +p < 0.001, +p < 0.0001, +$ EF-B = (LVOT SV/LVEDV)\*100 (Doppler, MoD), EF-C = (LVOT SV/[LVESV + LVOT SV])\*100 (Doppler, MoD)

# INTRODUCTION

Ejection fraction (EF) remains a standard measure of left ventricular function in heart failure. Stroke volume assessed by Doppler interrogation of the left ventricular outflow tract (LVOT SV) is likely a more accurate measurement than is EF assessed by the standard 2D image-derived Method of Discs (MoD), but it is not as familiar as EF. The selective cardiac myosin activator, CK-452, has been demonstrated to increase various echocardiographically-assessed indices of systolic function in heart failure patients by prolonging systolic ejection time (SET)<sup>1</sup>.

# **OBJECTIVES**

In patients receiving CK-452

- To compare EF changes calculated by "hybrid" methods (employing both Doppler and 2D data) to EF changes calculated by MoD
- To explore whether the hybrid EF employing left ventricular endsystolic volume (LVESV) by MoD performs better than the hybrid EF employing left ventricular end-diastolic volume (LVEDV) by MoD

This first Phase II trial of CK-452 was a multi-center, double-blind, randomized, placebo-controlled study in heart failure patients treated with an ACE inhibitor (or ARB) and a beta-blocker, ± diuretics. In Cohorts 1-4, patients each received four treatments; three escalating doses of CK-452 and one placebo treatment which was randomized into the dosing sequence to maintain blinding. Each of the four treatments was at least one week apart. In Cohort 5, patients received two 72-hour treatments, CK-452 and placebo, in a double-blind crossover fashion. The dosing scheme is shown in the table below.

From across the five cohorts, a total of 564 echocardiograms and coincident plasma samples for measurement of CK-452 concentrations were obtained before, during and after infusion CK-452. EF was assessed by MoD and by each of two "hybrid" methods that employed both Doppler-derived LVOT SV and ventricular volumes assessed by MoD:

# EF<sub>HYB-EDV</sub> = (LVOT SV/LVEDV) x 100 EF<sub>HYB-ESV</sub> = (LVOT SV/[LVESV + LVOT SV]) x 100

Dosing Scheme						
	Loading Dose <u>mg/kg/hr</u>		Maintenance Dose <u>mg/kg/hr</u>			
				Entry EF and Cohort Features		
Cohort 1	0.125	$\rightarrow$	0.0625	EF < 40%, investigator verified		
1 hr + 1hr	0.25	$\rightarrow$	0.125	Echos at Baseline, 1.5, 24 hours		
n = 8	0.5	$\rightarrow$	0.25	Four treatment sessions/patient*		
Cohort 2	0.5	$\rightarrow$	0.25	EF < 40%, investigator verified		
1 hr + 1hr	0.75	$\rightarrow$	0.375	Echos at Baseline, 1.5, 24 hours		
n = 9	1.0	$\rightarrow$	0.5	Four treatment sessions/patient*		
Cohort 3	0.25	$\rightarrow$	0.025	EF < 40%, investigator verified		
1hr + 23hr	0.5	$\rightarrow$	0.05	Echos at Baseline, 1.5, 24, 48 hours		
n = 10	1.0	$\rightarrow$	0.1	Four treatment sessions/patient*		
Cohort 4	0.25/0.125	$\rightarrow$	0.025	EF ≤ 30%, core lab verified		
1hr + 1hr + 22hr	0.5/0.25	$\rightarrow$	0.05	Echos at Baseline, 1.5, 24, 48 hours Three women required		
n = 8	1.0/0.5	$\rightarrow$	0.1	Four treatment sessions/patient*		
Cohort 5	1.0/0.5	$\rightarrow$	0.1	EF < 40%, core lab verified		
1hr + 1hr + 70hr		or	•	Echos at Baseline, 1.5, 24, 72, 96 hours Two period crossover		
n = 10	0.75/0.375	$\rightarrow$	0.075	Dose reduction in last 2 patients		
	* Each patient receiv	es dout	le-blind placebo randomly	<i>y</i> interspersed in dosing order		

### **DEMOGRAPHICS AND BASELINE CHARACTERISTICS**

	Cohorts 1-5 (n=45)		
	Mean	(min-max)	
Age (yrs)	58	30 – 77	
Weight (kg)	78	52 – 115	
Systolic BP (mmHg)	124	96 – 183	
Diastolic BP (mmHg)	75	57 – 117	
Heart Rate (bpm)	69	48 – 96	
Ejection Fraction (%)	33	20 – 55	

Cohorts 1-5					
39 Me n	6 W om e n				
29 IHD	16 DCM				

# **Methods**

# RESULTS

# **RESULTS (CONTD.)**

#### ECHO PK/PD RELATIONSHIP: POOLED ANALYSIS

				-				
[CK-1827 (ng/m	-	1-100	>100-200	>200-300	>300-400	>400-500	>500	Correlation versus
Variable	Mean Baseline				Changes fr Squares M			[CK-1827452] (p value)
SET (msec)	316	1 ± 4 <sub>NS</sub>	<b>18 ± 4</b> p < 0.0001	<b>47 ± 5</b> p < 0.0001	<b>58 ± 6</b> p < 0.0001	<b>59 ± 6</b> p < 0.0001	<b>80 ± 5</b> p < 0.0001	<0.0001
LVOT SV (mL)	69	0 ± 2 <sub>NS</sub>	1 ± 2 <sub>NS</sub>	<b>5 ± 2</b> p = 0.01	<b>11 ± 3</b> p < 0.0001	<b>9 ± 3</b> p = 0.001	<b>10 ± 2</b> p < 0.0001	<0.0001
LVOT CO (mL/min)	4423	-32 ± 116 NS	52±123 NS	180 ± 141 NS	408±173 p=0.02	400 ± 189 p = 0.03	330 ± 142 p = 0.02	0.0005
LVOTHR (bpm)	66	0 ± 1 <sub>NS</sub>	0 ± 1 <sub>NS</sub>	<b>-2 ± 1</b> p = 0.06	<b>-4±2</b> p=0.005	-2 ± 2 <sub>NS</sub>	<b>-4 ± 1</b> p = 0.001	0.0003
EF <sub>MOD</sub> (%)	33	0 ± 1 <sub>NS</sub>	0 ± 1 <sub>NS</sub>	1 ± 1 <sub>NS</sub>	1 ± 1 <sub>NS</sub>	0 ± 1 <sub>NS</sub>	<b>2 ± 1</b> p = 0.02	0.009
EF <sub>HYB-EDV</sub> (%)	32	0 ± 1 <sub>NS</sub>	1 ± 1 <sub>NS</sub>	3 ± 2 P = 0.07	<mark>8 ± 2</mark> p < 0.0001	7 ± 2 p = 0.0009	<b>10 ± 1</b> p < 0.0001	<0.0001
EF <sub>HYB-ESV</sub> (%)	31	0 ± 1 <sub>NS</sub>	1 ± 1 NS	<b>2 ± 1</b> p = 0.03	<mark>5 ± 1</mark> p < 0.0001	<mark>5 ± 1</mark> p < 0.0001	<mark>6 ± 1</mark> p < 0.0001	<0.0001
LVESV (mL)	168	1 ± 4 <sub>NS</sub>	3 ± 4 <sub>NS</sub>	-5 ± 5 <sub>NS</sub>	<b>-11 ± 6</b> p = 0.08	-13 ± 7 p = 0.06	<b>-15 ± 5</b> p = 0.003	<0.0001
LVEDV (mL)	243	1 ± 5 NS	5 ± 5 <sub>NS</sub>	-2 ± 6 <sub>NS</sub>	-14 ± 8 p = 0.07	-15 ± 8 p = 0.07	<b>-16 ± 6</b> p = 0.01	0.0005

### p < 0.05

### **EJECTION FRACTION VERSUS SYSTOLIC EJECTION TIME**

Variable	Correlation (r <sup>2</sup> )*	P-value**		
EF <sub>MOD</sub> (%)	0.80	0.0006		
EF <sub>HYB-EDV</sub> (%)	0.83	< 0.0001		
EF <sub>HYB-ESV</sub> (%)	0.89	< 0.0001		

\* Generalized r<sup>2</sup> is calculated using ejection fraction by the indicated method versus systolic ejection time treating patients as random effect

\*\* P-value is computed using ANOVA analysis based on the following model: ejection fraction by the indicated method = systolic ejection time + Error, treating patients as random effect

### p < 0.05

# CY 1121 INVESTIGATORS

#### Cyril Clarke Manchester, England

Barry Greenberg San Diego, United States

Chim Lang Dundee, Scotland

John McMurray Glasgow, Scotland

Ludwig Neyses Manchester, England **Roxy Senior** London, England

Tamaz Shaburishvili Tbilisi, Georgia

Vitaly Tsyrlin St. Petersburg, Russia

John Cleland Kingston Upon Hull, England

Jonathan Goldman San Francisco, United States

REFERENCES

#### Jamil Mayet London, England

Mark Monaghan London, England

**Evgeny Nifontov** St. Petersburg, Russia

Mitchell Saltzberg Newark DE, United States

John Teerlink San Francisco, United States

#### 1 Malik FI, Saikali KG, Clarke CP, Teerlink JR, Wolff AA. Systolic Ejection Time is a Sensitive Indicator of Left Ventricular Systolic Function During Treatment with the Selective Cardiac Myosin Activator, CK-1827452. 2007 Annual Heart Failure Society of America Meeting, Washington, DC. September, 2007.



# CONCLUSIONS

- CK-452 increases systolic ejection time, stroke volume, cardiac output, and ejection fraction in a concentrationdependent manner
- While ejection fraction by all three methods increased with the plasma concentration of CK-452, increases of greater magnitude were observed with the hybrid methods
- As expected, ejection fraction assessed by hybrid methods that employ a measurement of stroke volume based on Doppler interrogation of the left ventricular outflow tract correlates much better with systolic ejection time (a measurement also based on Doppler interrogation of the left ventricular outflow tract) than does ejection fraction assessed by the Method of Discs
- Ejection fraction by the hybrid method based on left ventricular end-systolic volume was slightly better correlated with systolic ejection time than the hybrid EF based on left ventricular end-diastolic volume

CYTOKINETICS